



Going the Distance

1 mile (mi) = 1.609 kilometers (km)
1 mile (mi) = 5280 feet (ft)



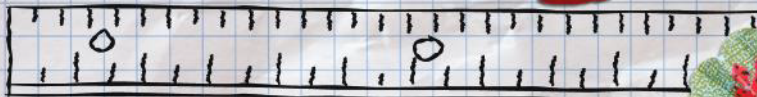
Worth the Weight

1 ounce (oz) = 28.350 grams (g)
1 pound (lb) = .453 kilograms (kg)
1 pound (lb) = 16 ounces (oz)



The Golden Rule

1 inch (in) = 2.54 centimeters (cm)
1 foot (ft) = 0.304 meters (m)
1 foot (ft) = 12 inches (in)
1 yard (yd) = 3 feet (ft)



Kitchen Counter

3 teaspoons (tsp) = 1 tablespoon (tbsp)
16 tablespoons (tbsp) = 1 cup



Hot and Cold

Freezing point = 32° Fahrenheit or 0° Celsius
Boiling point = 212° Fahrenheit or 100° Celsius
Convert to °C = subtract 32, multiply by 5, divide by 9
Convert to °F = multiply by 9, divide by 5, add 32



Measuring Thirst

1 gallon (ga) = 3.785 liters (L)
2 cups = 1 pint
2 pints = 1 quart
4 quarts = 1 gallon

